

Studio #402  
18 Years in ASB  
Associated Artist Member



Seeing Creatively Photography Classes

Photo of Artist

Mediums: Creative Photography Classes and Girls Night Out Art Parties

I earned a master's degree in Aesthetic Education. I worked at Polaroid Corporation for 15 years, where I became interested in the creative process of world class photographers such as Ansel Adams. At the same time I began to practice mediation and to lead creativity workshops in organizations to bring out the full creative potential of employees. For the past 10 years I have focused on developing my own photography practice called Flow-tography, which combines meditation, beauty and photography.

My interest is in teaching beginner and intermediate photographers how to slow down, be present and create images of beauty within the flow state. This is where time stands still and you feel an intense connection between your inner and outer experience of beauty. It is possible to create photography from within this state, and it feels similar to when an athlete is performing in the zone. I have been practicing this method for the past 10 years and am now sharing this technique with others through my book, Flow-tography, and workshops. My photographs are also available for purchase and can be viewed in my studio by appointment.

I have discovered 8 universal patterns of beauty or archetypes such as vitality, simplicity and unity. I teach them using photography and then help participants discover the surprising link between their sense of beauty and purpose.

Girls Night Out Private Art Parties:

Looking for something fun and different to do? You can easily make something unique for your self or someone else during a private Art Party. Come have a relaxing girls night out in an artist studio at Boston Center for the Arts. There are many projects to choose from including: beaded bracelets, hand painted wine glasses, coffee mugs, and mixed media. The projects are easy to complete in one evening and include all materials. Get your friends together and come to the BCA. Make your own art while you sip wine and eat chocolates.

[www.curioussouphotos.com](http://www.curioussouphotos.com) for upcoming photography and art making workshop calendar of events.

[suzanne@curioussouphotos.com](mailto:suzanne@curioussouphotos.com) for all questions and to arrange a studio visit.

[facebook.com/curioussouphotoschool](https://facebook.com/curioussouphotoschool)